

Jumeirah English Speaking School

IB Diploma Programme

Creativity, Action and Service



Creativity, Action and Service (CAS) is one of the elements of the core Diploma Programme and is fundamental to the students' IB experience. CAS requires students to take seriously the importance of life outside the academic world. CAS allows students to achieve both the JESS Advantage and IB goals of fostering compassionate and active World Citizens, which might not necessarily be achieved through academic study alone.

CAS enables students to shape their own experiences and learning by encouraging them to take ownership of the programme. CAS forces students to take on new challenges and work outside their comfort zone to promote individual growth. Students must create a balanced programme of activities with a combination of creative, active and service pursuits that take place within school or the local community. Students will be involved in an ongoing cycle of target setting, where they will have to review their progress and reflect upon their experiences and achievements.



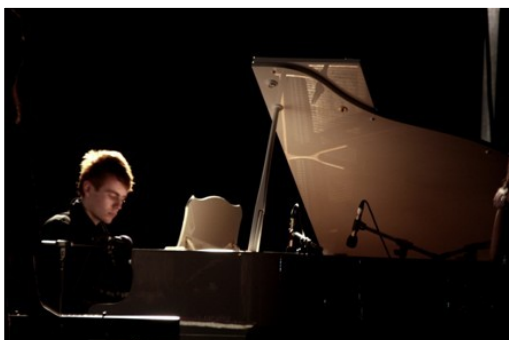
JESS already has a very active CAS programme, where students participate in a wide range of activities, from salsa to scuba, trekking to theatre and much more besides. We are particularly proud that our students have chosen to undertake a series of community service projects; such as 'Take My Junk', an initiative based in the UAE to help migrant workers; and the JESS Vietnam Project (JVP), which has seen the students develop events such as the 'JESS Music Festival' in order to raise funds for an Thien Phuoc centre for the disabled in Ho Chi Minh City, Vietnam. This has also created an opportunity for students to visit Vietnam and help out at the centre as part of their CAS programme.

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Examples of CAS activities include:

- Expeditions
- Planting trees
- Devising a piece of theatre or dance and performing it
- Setting up a primary after school club
- Volunteering for an animal welfare organisation
- Setting up and writing for a school newspaper
- Playing in or coaching a sports team
- Mentoring younger children
- Raising funds for a charitable organisation
- Making a movie
- Clearing a beach of oil, pollution or litter
- Taking part in a Model United Nations conference
- Singing in a charity concert
- Designing a website
- Learning a new musical instrument
- Volunteering at a home for the elderly

The best CAS activities are organised and implemented by students. Students are encouraged to identify an opportunity or a need and develop their own activities.



The JESS Music Festival



Gold Award Trek



Take My Junk

CAS forms part of the IB Core programme along with Theory of Knowledge and Extended Essay. These aim to encourage not only a love of learning and desire to question but also to develop the fundamental life skills which students will need to become 'ethical leaders' of the global society in which we live.

Should you have any questions about the CAS programme here at JESS please contact a member of the CAS team below:

- Jon Halligan, CAS Coordinator
- Kate Duffy
- Heather Main